



## ISLE OF MAN DEPARTMENT OF EDUCATION AND CHILDREN

*RHEYNN YNSEE AS PAITCHYN ELLAN VANNIN*

### **Expedition Section**

Achieving the Award is an adventure from beginning to end and this section can give young people some of their most memorable experiences!

There will need to be between four and seven in an expedition team. With the team, they will plan an aim for the expedition, decide on the location and do lots of fun training to make sure they are fully prepared and know what they are doing! The Leaders will arrange a Supervisor to work with the teams to organise all of this and help them plan their expedition.

Once they have done the preparation the fun starts when they go out and do a practice and a qualifying expedition. Once they have completed their final expedition they will give a presentation about their experiences and achievements to either: the Supervisor, Assessor or another adult.

The whole experience will give them laughs, arguments, joy and frustration along the way. But, by the end, they will have better team and leadership skills, not to mention bags more confidence and a rucksack full of great memories!

### **Supervision**

Our DofE Leaders and Expedition Supervisors are always trained to high standards of child safety and supervision through their Operating Authority and their DofE centre. Supervision of expedition groups is carried out remotely, Supervisors arrange to meet up with the groups during their walking day and at camp. Although they do not walk or camp with the groups they are located in the area and are contactable by the young people in case of emergency.

The young people have a list of 20 conditions to complete in order to fulfill the expedition section of the Award (attached). They have a responsibility to behave appropriately during their venture by listening to their Supervisor's instructions, considering members of the public, the camp site & owner and adhering to the country code. The only person who can fail them is themselves.

## 20 conditions of the Expedition section

This is a handy summary for everyone about to do their DofE qualifying expedition. Please talk to your DofE Leader or Expedition Supervisor if you have any questions or need further advice.

### *Enjoy your expedition!*

1. Your expedition must be by your own physical effort, without any motorised or outside assistance.
2. Your expedition must be unaccompanied and self-sufficient.
3. Your expeditions must be supervised by an adult who is able to accept responsibility for the safety of you and your team.
4. Your expedition must have an aim.
5. You must be properly equipped for your expedition.
6. You must have completed the required training and practice expeditions.
7. You must undertake at least one practice expedition at each level of the programme. You should do this in the same mode of travel and in a similar environment to the qualifying expedition.
8. You and your team must plan and organise your expedition.
9. You must be assessed by an approved accredited Assessor to the DofE.
10. There must be between four and seven people in your team (eight people may be in a team for modes of travel which are tandem).
11. You must be within the qualifying age of the DofE programme level.
12. All the people in your team must be at the same level of assessment.
13. Your team must not include anyone who has completed the same or higher level DofE expedition.
14. Your overnight accommodation should be camping.
15. Your expedition must be the minimum number of days required for your DofE level.
16. Your expedition should normally take place between the end of March and the end of October.
17. Your expedition should be in the recommended environment for your DofE level.
18. You must do the minimum hours of planned daily activity for your DofE level.

19. You should cook and eat a substantial meal each day.
20. You must create and deliver a presentation after your expedition to complete the section.

***Don't forget that all your team must meet these conditions!***

If you or one of your team have individual needs that mean one or more of the above conditions cannot be met, then you can apply for a variation to these conditions to enable you or them to participate in their DofE expedition. Your DofE Leader/Supervisor will help advise you if this is the case.